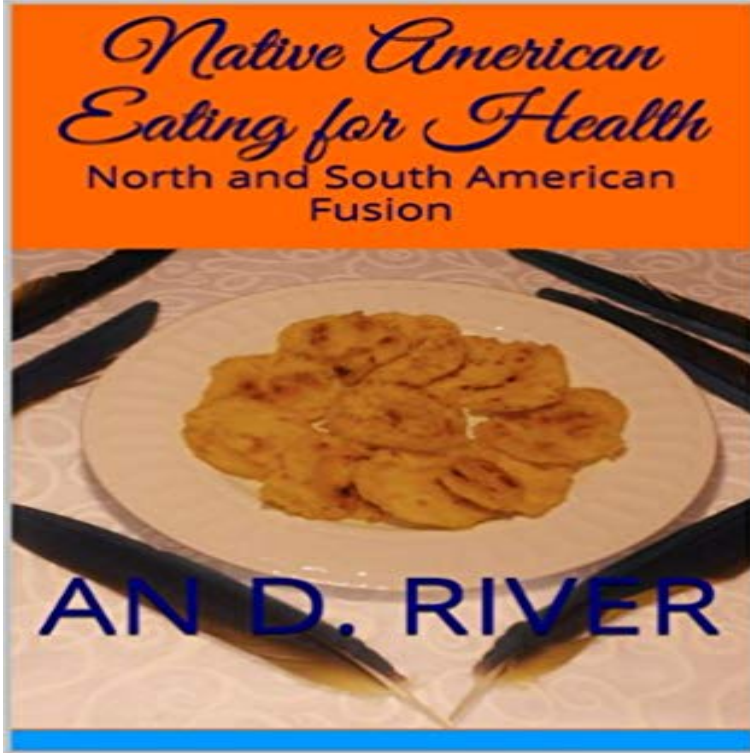


Native American Eating for Health: North and South American Fusion



Start eating healthy- the Native American way. Native American Cuisine at its best. This book is filled with delicious recipes from the Native Americans of North and South America. All of the recipes in the this book use foods that are indigenous to the Americas. The author has been cooking at Native American powwows and educational presentations for years. This book is a compilation of some of her most loved recipes. Make a delicious historical dinner for your family tonight.

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