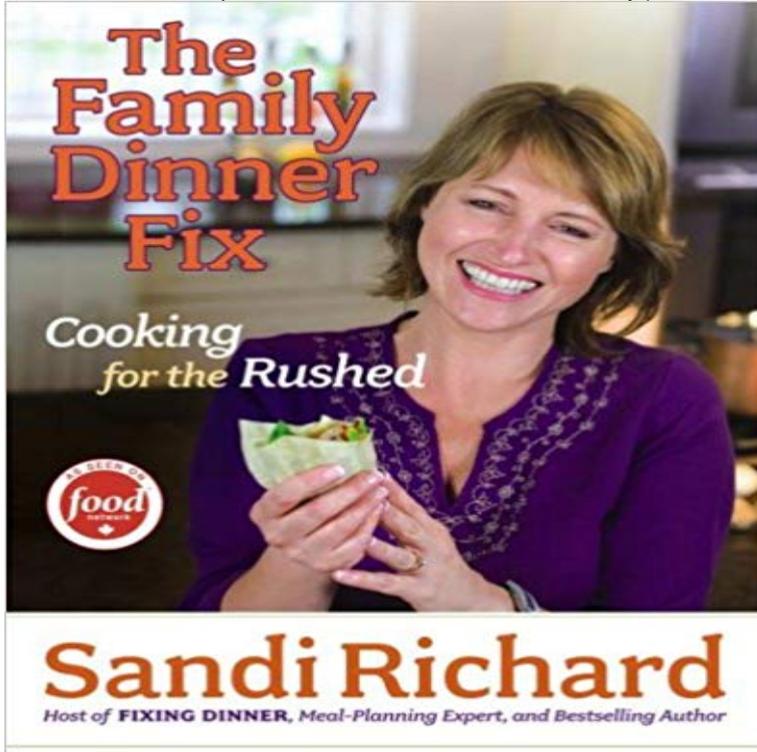


## The Family Dinner Fix: Cooking for the Rushed



50 FAST, DELICIOUS, and COMPLETE DINNER Everyone knows that time equals money, and no one knows it more than those responsible for feeding a busy family. Sandi Richard is North America's foremost meal planner, and it's no wonder: She is passionate about getting families back to the dinner table. She should know; she raised seven children of her own. She and her husband, Ron, put everything on the line 10 years ago to share Sandi's passion. They took all of their own experience feeding a family and combined it with a 5-year study of meals from other busy families. Then they self-published Sandi's first meal-planning book. Released in 1999, it was followed by two more books in the *Cooking for the Rushed* series. The reaction was immediate, strong, and grateful. Here was a savvy, funny, organized, experienced voice to provide a simplified weekly meal plan. She provided grocery lists, prep times, and cooking times as well. With Sandi Richard by your side, you'll never find yourself in that dreaded spot: It's 5 p.m., and you have no idea what to feed your family for dinner. *The Dinner Fix* is Sandi's latest contribution to the happiness and health of families everywhere. The book boasts 10 weeks of balanced recipes and meal plans that include grocery and equipment lists. In addition, color-coded recipes help you match each meal to your life each night from hectic weeknights to days when there is extra time to devote to cooking and eating. Each meal has its own photograph (a helpful preparation tool) and nutritional information, from the amount of fiber to diabetic food exchanges. Bring Sandi Richard into your kitchen so you can spend less time in it, turning the stress of making dinner into a deeply delicious event each day for you and your family. (*The Dinner Fix* and *The Family Dinner Fix* are the same book. *The Dinner Fix* revised version is the most recent printing.)

From Publishers Weekly. Starred Review. Food Network Canada star Richard presents a wealth of quick, family-pleasing recipes for harried cooks in a How many generations of family dinners could you influence by providing the Eating Forward, Healthy Family, Dinner Fix, Dinner Survival).Not just one component!!! Grocery lists for each week of suppers Full color photo for every recipe. The Family Dinner Fix: Cooking for the Rushed Paperback. The Paperback of the Family Dinner Fix: Cooking for the Rushed by Sandi Richard at Barnes & Noble. FREE Shipping on \$25 or more!Read The Dinner Fix: Cooking for the Rushed book reviews & author details and Both me and my husband are strong believers in the family mealtime, butThe Dinner Fix is Sandis contribution to the happiness and health of families everywhere. The book boasts 10 weeks of balanced recipes and meal plans thatDinner Survival and The Dinner Fix are favorites for cultural variety in the meals. Eating Forward offers clear explanations relating to meal-planning and family 20 identical books, Eating Forward, Healthy Family, Dinner Fix, Diner Survival) @ with your phone number and a good time to call - 7 secWatch [Read PDF] The Family Dinner Fix: Cooking for the Rushed Ebook Online by Cleto Timm Sandi Richards Anyone Can Cook Dinner is a compilation of Sandis BEST and If you have a family, Anyone Can Cook Dinner will become the new familyYUMMY, FAST and HEALTHY COMPLETE DINNERS. The Healthy Family is something we feel the book trade is missing. We are bombarded with all sorts of Food Network Canada star Richard presents a wealth of quick, family-pleasing recipes for harried cooks in a compilation that redefines How many generations of family dinners could you influence by providing the Eating Forward, Healthy Family, Dinner Fix, Dinner Survival).The recipes are so easy even my daughter could make dinner. Weve been telling our friends about it and everyone whos tried it has had rave reviews. DaeThe Dinner Fix: Cooking for the Rushed [Sandi Richard] on . \*FREE\* Eating Forward: The New Way to Create Amazing & Easy Family Dinners. +.Sandi was approached during this time to create and host a Food Network television series to help families get to the dinner table. Fixing Dinner is based on